

Decathlon and Heptathlon Records

In the case of ties being listed, the first year the record was achieved is the official record. Records achieved in the same year were in different flights or had identical performances in which the tie could not be broken.

Updated 5-31-07
No updates in 2008

Decathlon

100 m	Jeff Henderson	Sylvan Hills	10.84	2007
LJ	William Tate	West Memphis	23'7"	1973
SP	Joe Trotter	Watson Chapel	54'8"	1983
HJ	Basil Shabazz	Pine Bluff	6'9"	1990
400 m	Tyrone McKnight	Pine Bluff	49.44	1984
TJ	Donovan Loring	LR Parkview	48'2"	2006
Discus	Jesse Williams	Cabot	179'	2004
110 m HH	Mark Bradley	Pine Bluff	13.94	2000
PV	Aaron Puckett	Lake Hamilton	15'0"	2004
1600	Dennis Murphy	North Little Rock	4:31.24	1967

Heptathlon

100 m HH	Dee Brown	LR Hall	14.64	1997
LJ	Dee Brown	LR Hall	19'1"	1997
SP	Sarah Pfeifer	Ozark	40'10"	2001
200 m	Marquita Aldridge	West Memphis	24.24	2000
HJ	Dee Brown	LR Hall	5'4"	1997
	Lexi Malham	Cabot	5'4"	1997
Discus	Hannah Joiner	Central AR Christian	120'	2005
800 m	Paige Farrell	Springdale	2:18.77	2004