

2010 MEET OF CHAMPS INFORMATION

DATE: Saturday, May 8, 2010
SITE: Lake Hamilton High School

REVISED AND UPDATED 1/09 AS APPROVED BY THE AAA BOARD OF DIRECTORS.

1. ELIGIBLE ENTRIES:

a. There shall be **TWELVE INVITEES** in each event for the Meet of Champs. **INVITATIONS WILL BE BASED ON STATE MEET PERFORMANCES ONLY.** The first seven **INVITEES** shall be the winners of each event in each state meet. This shall include first place ties. The remaining slots to make up the field of **TWELVE**, shall be determined from the next best performances as ranked in an integrated list of all classifications.

b. If there is a tie in the next best performances the highest finish placement in the event shall be listed.

c. If a tie still exists, the classification having the fewer entries shall be the next consideration. If a tie remains a coin toss shall decide the entry.

d. Coaches shall notify the AAA office as soon as possible if an event winner cannot participate in an event. When notification is received by noon Monday an additional athlete will be invited to participate who is listed next on the integrated performance list. After noon Monday no more replacements will be invited to participate.

e. A listing of the invited athletes will be posted on the AAA website by 10:00 a.m. Monday.

f. All participating athletes or their coach must arrive and *check in at the designated place one hour before the anticipated time of their event* so their participation or non-participation can be confirmed to the computer scoring operator.

2. **SEEDING MECHANICS FOR RUNNING EVENTS:** Events having the possibility of two heats will follow the same format as the 400 m un in the state meets. heat 1 – slow heat; heat 2 – fast heat. If dropouts or no-shows cause the field to be reduced to eight or fewer only one heat will be run. The slow heat must have at least three competitors.

3. **MECHANICS FOR FIELD EVENTS:** For the throws and horizontal jumps there shall be two flights with a maximum of six in each flight. All competitors will receive six trials. The pole vault and high jump shall be the same as state meets through completion. *All field events will have a 30-minutes warm-up time.*

4. **FALSE START EXCEPTION:** For the Meet of Champs one false start is allowed that is charged to the field with no runner being disqualified. Any subsequent false start will result in the athlete(s) who violate being disqualified from the event.

5. **SCORING:** There shall be no scoring in the Meet of Champs. Event results will be produced through the Hy-Tek computer scoring program.

6. **TIMING:** Fully automatic timing shall be the official meet time. Anemometers shall be used as required in the NFHS Track and Field Rules Book.

7. **AWARDS:** Individual awards for 1st through 3rd places shall be given in each event. There shall be no team awards. All State recognition will be given to all first and second place finishers who were not recognized for the state meet.

8. SCHEDULE FOR THE MEET OF CHAMPIONS:

1:00 Pole Vault – Girls

1:00 Shot – Boys

1:00 Long Jump – Girls

1:00 Triple Jump - Boys

1:00 Discus – Girls

1:00 High Jump – Boys

3:00 Pole Vault – Boys

3:00 Long Jump – Boys

3:00 Triple Jump - Girls

3:00 Discus - Boys

3:00 Shot – Girls

3:00 High Jump – Girls

4:30 4 x 800 m Relay – Girls

4:45 4 x 800 m Relay – Boys

5:30 100 m High Hurdles – Girls

Rolling time 110 m High Hurdles – Boys

schedule 100 m Dash – Girls

for the 100 m Dash - Boys

remainder 1600 m Run – Girls

of the meet 1600 m Run – Boys

due to the 4 x 100 m Relay – Girls

uncertainty 4 x 100 m Relay – Boys

of how 400 m Dash – Girls

many races 400 m Dash – Boys

will require 300 m Low Hurdles – Girls

a second 300 m Int. Hurdles – Boys

heat. 800 m Run – Girls

800 m Run – Boys

200 m Dash – Girls

200 m Dash – Boys

3200 m Run – Girls

3200 m Run – Boys

4 x 400 m Relay – Girls

4 x 400 m Relay - Boys

